

KITCHEN RULES

SIT UP STRAIGHT

PUT YOUR NAPKIN IN YOUR LAP

GIVE EVERY FOOD A TRY

GOOD MANNERS ALWAYS

DO NOT TALK WITH YOUR MOUTH FULL

EAT YOUR VEGETABLES

KEEP YOUR ELBOWS OFF THE TABLE

USE YOUR INSIDE VOICE

BE POLITE AND SAY PLEASE AND THANK YOU

CHEW WITH YOUR MOUTH CLOSED

HELP THE COOK

EXCUSE YOURSELF BEFORE YOU GET UP

HELP CLEAR THE TABLE

BE THANKFUL FOR THIS MEAL